

OUR SALT BEEF

At Baffled, we only use local purveyors Arun Meat & Livestock's locally reared brisket. We dry-cure, spice and cook everything in-house, then pile it high and serve it in a variety of ways.

baffled

'SIMPLE THINGS DONE WELL'

At Baffled, we are all about making as much as we can ourselves, fresh everyday. We use the best quality local ingredients we can find wherever possible.

BREAKFAST MENU

SALT BEEF BENEDICT £13

Our signature home dry cured and smoked salt beef with poached eggs & hollandaise on toasted muffins.

Have this dish three ways with either; salt beef, smoked salmon or spinach.

REUBEN BENEDICT £17

Whole Reuben sandwich topped with more salt beef, poached eggs & hollandaise.

KEDGEREE £11

Homemade lightly curried basmati rice with smoked haddock, poached egg and buttered toast.

BAFFLED VEGETARIAN £12

Full English, as above but with vegetarian sausages & halloumi.

BREAKFAST BAP £6

Buttered soft white bap with either 3 bacon or 2 sausages or 2 eggs.

COFFEE & BREAKFAST BAP DEAL £8

Bacon or Sausage or Egg in soft bap with any medium hot drink.

KIDS BREAKFAST £6

1 sausage, 1 egg, 1 bacon & 1 hash brown.

ADD ON EXTRAS!

Bacon / Sausages / Halloumi / Salmon / Salt Beef / Toasted Bagel **£3**

Egg / Tomato / Mushrooms / Toast / Gouda / Hash Browns **£1.50**

THIRTY FIVE GRAMS £11

Get a protein hit with our cottage cheese, soft boiled egg, kimchi, crispy Szechuan pepper, crispy seaweed and sunflower seeds loaded on toasted sourdough.

SMASHED AVO £12

Smashed avo on sourdough with poached egg, mango salsa, dukka & sriracha mayo.

Why not add an extra salt beef, smoked salmon, bacon, halloumi.

BAFFLED MEAT £13

Full English breakfast the Baffled way, bacon, sausages, fried eggs, mushroom, grilled tomato, hash browns.

Swap like for like and add extras.

*All dishes are available **Gluten Free** please speak to your server.*

LUNCH MENU

DELI SANDWICHES

Available from 10.30am

LUNCH DEAL £14.50

Any deli sandwich, medium hot drink & daily pastry, cookie or muffin.

CHICKEN MILANESE £9.50

Rosemary bread crumbed chicken breast with rocket, vine tomato and mayo on rustic white baguette.

CHORIZO & HALLOUMI £9.50

Roasted fresh rosario chorizo sausage with grilled halloumi, rocket, mayo and homemade chilli jam on rustic white baguette.

MEATBALL MARINARA £9.50

Italian pork meatballs, in our homemade marinara sauce with asiago cheese & rocket on fresh homemade focaccia.

BACON & TALEGGIO £9.50

Crispy, smoked bacon with tangy taleggio cheese, rocket, mustard mayo & fig jam on fresh homemade focaccia.

AUBERGINE PARMIGIANA £9.50

Homemade layers of slow cooked aubergine, marinara sauce and basil with mozzarella on homemade focaccia.

BAGEL MENU

BAGEL & COFFEE DEAL £10

Any filled bagel and medium hot drink.

SALT BEEF £8

Toasted buttered bagel with our beef, dill pickle and mustard.

SMOKED SALMON & CREAM CHEESE £8

Toasted bagel with lemon cream cheese, smoked salmon and black pepper.

GREEN OMELETTE £8

Toasted bagel with spinach, chive and a little tabasco omelette and Emmental cheese.

LENTIL DHAL SOUP £9.50

*Available in **lunch meal deal**.*

A lightly spiced fragrant tomato based, chickpea, lentil & spinach dhal served with toasted sourdough. And its Vegan!

GRILLED SANDWICHES

REUBEN £12.50

Our signature home cured salt beef loaded onto thick sourdough bread, double gouda cheese, homemade pickled pink onions and Russian dressing then toasted until melted.

MARGHERITA GRILLED CHEESE £10

Sourdough loaded with mozzarella, sundried tomato mayo, parmesan and basil served with homemade tomato, garlic and basil sauce.

Add chicken for £3

VEGAN GRILLED MUSHROOM & CHEESE £10

Thick sourdough loaded with roasted field mushrooms, vegan cheddar, vegan mozzarella, spinach and vegan aioli accompanied by homemade tomato sauce.

UPGRADE YOUR LUNCH DEAL £3 MEAT OR £1.50 VEGETARIAN

SPECIALITY CAKES

TRIPLE CHOCOLATE BROWNIE £4.50

Our classic brownie, densely packed with chocolate, the perfect treat!

PEANUT CRUNCH £4.50

Timeless combination of caramel and peanuts on a homemade shortbread base, a popular choice.

COFFEE

Americano

Single Espresso

Double Espresso

Latte

Cappuccino

Cortado

Flat White

Hot Chocolate

Mocha

Tea

Iced Coffee

Turmeric / Matcha / Beetroot Latte

All made by us!
All our cakes are **Gluten Free**.

CHERRY BAKEWELL BLONDIE £4.50

Without a doubt our most popular cake, the perfect mixture of dense white chocolate blondie topped with red cherries & almonds.

BANANA & PEANUT BUTTER LOAF £3.75

Our signature loaf cake, the ever popular banana pb cake deliciously moist and its gluten & dairy free!

	SMALL	MEDIUM	LARGE
Americano	£2.50	£2.80	£3.30
Single Espresso	£1.00	-	-
Double Espresso	-	£2.00	-
Latte	£2.90	£3.30	£4.00
Cappuccino	£2.90	£3.30	£4.00
Cortado	£2.80	-	-
Flat White	£3.30	£3.70	-
Hot Chocolate	£2.90	£3.30	£4.00
Mocha	£3.10	£3.50	£4.10
Tea	£2.20	-	-
Iced Coffee	-	-	£5.00
Turmeric / Matcha / Beetroot Latte	£2.90	£3.30	£4.00

Food allergies & intolerances – Please let us know if you have any specific requirements.

GOOEY BANANA SLICE £4.50

Vegan & GF 'caramel' banana on a dark chocolate, oat and peanut base topped with dark chocolate and peanut brittle.

DESSERTS £2 EXTRAS

Have your Brownie, Peanut Crunch or Cherry Blondie warmed and served with vanilla ice cream.

SYRUPS & ALTERNATIVE MILK ALL 60p

Caramel Syrup

Hazelnut Syrup

Vanilla Syrup

Chai Syrup

Oat Milk 'Oatly'

Almond Milk

Soya Milk

Coconut Milk

COFFEE & PASTRY DEAL £5

Medium hot drink and a pastry.
See counter for fresh daily pastries.

SMOOTHIES £5.50

SUPER GREEN

Spirulina, basil, apple, spinach, avo & lime.

ACAI & BERRIES

Strawberry, mango, blueberry & acai.

CACAO & ALMOND

Banana, almonds, dates, cacao nibs, hemp protein & cinnamon.

COFFEE COCKTAILS

Espresso Martini £8

50ml Stolli vodka, Kahlua, double espresso.

Flat White Martini £8

50ml Stolli vodka, Kahlua, double espresso, condensed milk.

Mocha Martini £8

50ml Stolli vodka, Kahlua, rich hot chocolate.

Baileys Latte £6

50ml Baileys poured into a large latte, topped with cream.

Frangellico Hot Chocolate £6

50ml Frangellico in a large hot chocolate with cream.

COLD DRINKS

Peach Ice Tea £3.50

Italian peach tea, over ice with a lemon slice.

Coke £2.50

Diet Coke £2.50

Still Water £1.50

Sparkling Water £1.50

San Pellegrino £2.50

Kids Juice Carton £1.50

BRUNCH COCKTAILS

Bloody Mary £8

50ml Stolli vodka, topped with spiced tomato juice, gherkin & bacon garnish.

Aperol Spritz £8

The classic! Aperol, Processco & Soda.

Limoncello Spritz £8

Twist on the classic, made with limoncello, processco and limonata.

Peach Bellini £8

Perfect brunch buddy, peach puree, peach schnapps topped with processco.

Catering – Why not let us cater your event?
Check out our website for sample menus.
www.baffledcoffee.com/catering

MILKSHAKES £6

All milkshakes made with whole milk, vanilla ice cream, syrup & finished with squirty cream!

Strawberry / Chocolate /
Salted Caramel / Coffee /
Peanut Butter & Banana

WINE & BEER

We use only wines on tap from our specialist supplier More Wine. All wines available by 175ml Glass or 500ml Carafe.

Sauvignon blend, crisp, citrus flavours
£6 / £15

Cote du Rhone, Spicy, liquorice dark fruit
£6 / £15

Montepulciano, Organic & full of ripe fruit
£6 / £15

Prosecco, Crisp and refreshing
125ml £6 Bottle £20

All beers are £5.

Ichnusa - 330ml Unfiltered beer 5%
Brewdog Punk IPA - 330ml bottle 5.6%

Lucky Saint - 330ml bottle 0.0%